

## *Meaning and Purpose in Midlife*

A map and compass for turning your midlife crisis into  
a **midlife awakening process**.



*Join this 1 Day Seminar on Saturday August 27<sup>th</sup>, 2011  
9:30 – 5:30pm at 4423 West 3rd Ave. Vancouver that is  
transforming lives.*

### **What you &/or your family/friend will learn:**

- The theory of a practical, deep midlife map and compass that awakens you to the territory of genuine vitality, soulful relationships and purposeful contribution to unfold in your life.
- How to turn this midlife map and compass into a vehicle for awakening to **meaning and purpose**.
- How your ego can either block or support your adventure and how to get it unstuck so you can move forward.
- Practices to enhance genuine vitality.
- How your unique purpose acts as an inner compass to orient you toward a fulfilling, **meaningful and prosperous** life.
- How to discover inner guidance for your ongoing journey of growing wholeness.



**Michael Talbot Kelly RCC is a Wholistic Psychotherapist, Midlife Awakening Specialist and Meaningful Life Design Mentor who has degrees in the mind, body and soul. Michael has over twenty years experience helping mid-lifers soulfully navigate their midlife awakening process. He is whole-picture, authentic and his attention is always on the details that make a difference, that heal, that achieve results.**

*“...and it was really amazing to see people drastically transform from the beginning to the end...I consider MTK’s seminars as life investments.” SS*

**Dave Wali Waugh RPC is a Wholistic Psychotherapist, Midlife Awakening Specialist, Meaningful Life Design Mentor and Sufi Healer with over twenty years experience helping mid-lifers soulfully navigate their midlife awakening process.**

*“Working with Dave is unlike anything I’ve ever done before. Rich, deep, all encompassing, respectful, gentle, allowing and trusting; it’s a journey rather than an intervention.” EM RMT*

***For only \$99plus hst. if you register before Aug. 24<sup>th</sup>. After Aug. 24<sup>th</sup> the fee is \$119. plus hst.  
Includes a FREE 30 minute Life Design Assessment Session with  
Dave 604-488-9203 or Michael 604-317-1613***

**[www.meaningfullifedesign.com](http://www.meaningfullifedesign.com)**